

Exchange Students Booklet

Academic Year 2022-2023



Academic Calendar

Nomination

Application

Course Selection Language Course

Departure



Academic Calendar

Undergraduate

Fall Semester

September, 1st 2022 January, 21st 2023

Spring Semester

January, 30th 2023 June, 23rd 2023

> Undergraduate Academic Calendar



Welcome Day

Before or during the first week of classes (mandatory)

Master

Fall Semester

September, 1st 2022 December, 21st 2022

Spring Semester

January, 30th 2023 May, 31st 2023

> Master Academic Calendar



> Welcome Day

Before or during the first week of classes (mandatory)

Exchange / Erasmus Period

The period of exchange is usually one or two semesters or one or two trimesters (this last option is for MSc students only!)

Nomination and Selection of Students

Exchange Students

In order to study as an Exchange student at our institution, you must first be selected and nominated by one of CATÓLICA-LISBON's partner Universities. Please contact the International Relations Coordinator of your home University for information on how to apply.

Nomination Deadlines (for partner Universities)

Fall Semester and Academic Year

1st of April 30th of April

Spring Semester

1st of October 31st of October

After we receive your nomination and the nomination period is officially over, we will send you a link by e-mail to access our incoming platform <u>MyExchange Portal</u> and an e-mail with all the important information about your registration at CATÓLICA-LISBON.



Application and Course Selection

All students nominated by our partner universities must go through the following application procedures:

Deadlines (for exchange students)

Fall Semester and Academic Year

1st of May 31st of May

Spring Semester

1st of November 30th of November

Complete the Online Application Profile for Incoming Students

(link to access our incoming platform MyExchange Portal sent by e-mail)

Submit the Online Course Selection via E-Sca

(dates, instructions and credentials sent by e-mail in due time)

Course Selection Information:

To complete the course selection procedures, we kindly ask you to:

Consult the **List of Courses** (information available in the Factsheet).

Choose the courses you intend to be enrolled in during your exchange semester taking into consideration:

- Number of ECTS: credit points.
- **Teaching Language:** There is a wide range of English-language elective courses.
- Course content: Please consult the syllabus of the courses.
- Courses' Schedules: Mandatory attendance is part of the students' evaluation in courses.

Note:

- Courses have limited vacancies. Places will be filled on a "first-come, first-served" basis.
- Some courses require students to fulfill pre-requisites before reading. The pre-requisites are listed in the online course catalogue. Please note that students, along with their home University's Academic Advisors, are responsible for checking if they have done similar pre-requisites in their home Universities or not. Católica-Lisbon does not check if students comply or not with the pre-requisites of our courses.

Application and Course Selection

Workload allowed per semester

Exchange Students: 30 ECTS is the normal semester workload for a CATÓLICA-LISBON Undergraduate student and 28 ECTS for a Master student. Exchange students, however, should follow their home Universities guidelines.

The **maximum workload** per semester for an exchange student is **33 ECTS** (including an optional and paid Language course). There is no minimum workload per semester established for exchange students. However, students have to be enrolled at least in one course per semester or one course in each trimester.

Assessment methods:

- Assiduity
- > Presentations/Group Projects/Assignments
- Class participation
- > Quizzes
- > Examinations



Grading:

Students grading is based on their semester work. It may include questionnaires, mid-term tests, group assignments, etc. There is also a final exam at the end of the semester. CATÓLICA-LISBON grading scale is **0-20**, 10 being the passing mark.

In cases of overlapping of academic calendar or proven illness, CATÓLICA-LISBON may allow exams abroad:

Sending CATÓLICA-LISBON's exams to be supervised at Partner Universities.

IMPORTANT: subjected to the **approval of the Academic Board of Directors, Professor of the course and Partner University.**

Portuguese Language Course

A **Portuguese Language Course** for exchange students is provided by the Faculty of Human Sciences. It aims to enable students to tackle the most important daily situations and to get to know Portuguese culture and traditions.

The course is offered every semester, starting at the beginning of September and February.

Crash Course

Total of 18 hours (**1,5 ECTS** credit points)

The **Crash Course** will take place during the first 3 weeks of each semester.

Extensive Course

Total of 54 hours (**4,5 ECTS** credit points)

The **Extensive Course** takes place along the semester and comprises 4,5 hours per week. The ECTS for language courses will be credited only to those students who pass the final exam.

Language Courses are paid separately. Information on the fees are sent by e-mail.



Preparing for Departure

After completing the Application and Course Selection procedures, the International Relations Office will provide you with the following information by e-mail:

Accommodation

The International Relations Office offers you assistance to find both **Provisional and Permanent accommodation** in Lisbon. To help you prepare your stay, we will send you by e-mail a list of accommodation search links, information on our accommodation partners and other relevant information.

Visa/International Health Insurance

Non-European exchange students are required to apply for a student visa prior to their arrival in Lisbon. Exchange students are required to have international health insurance only for visa application purposes. Please do not enter Portugal with a tourist visa or on a stamp.



Preparing for Departure

Personal Information

In order to access all important academic and administrative information at <u>CATÓLICA-LISBON</u> <u>students' personal area</u> our IT Services will send you by e-mail your personal data: **student number**, **login** and **password**.

Course Enrollment

After the course selection procedures are complete you will be able to access the list of courses in which you are enrolled in and your final schedule for the semester.

Welcome Day & Outdoor Activities

Before your arrival, you will receive detailed information about the **special activities** prepared for you, to introduce you to the University and Lisbon.



Before Leaving Home

To ensure a smooth transition to student life in Lisbon, it is important to make sure all your paperwork and documentation is valid before you depart. Take a look at the checklist below to have a stress-free arrival in Portugal.

- a) Make sure the International Relations Office has approved your online application profile and required documents.
- b) Make sure you bring your national identity card or a valid passport.
- **C)** Bring your medical/travel insurance and other relevant documents. If you are from an EU country, make sure you have the <u>European Health Insurance Card</u>.
- d) Take any routine medical checks or vaccinations, if necessary.
- e) Order enough Euros for your first couple of weeks.
- f) Budget for your life in Portugal check airfares, tuition fees and living expenses. You can have an idea of the **living costs** <u>here</u>.
- **g)** Make sure you have a list of useful contact numbers and remember to include the following:
 - 1) Phone number and address of CATÓLICA-LISBON International Relations Office;
 - 2) Phone number and address of your accommodation.



Useful Information

How to get to CATÓLICA-LISBON

You can get to the University easily by bus or subway.

By Bus

There is a bus stop directly outside the University, the buses that stop there are: 768, 64 and 755. You can also catch a bus to the nearby University Hospital (Hospital Santa Maria) (3 minutes on foot). The buses that travel this route are: 35, 732, 701 and 738.

For more information visit **Carris** website.

By subway

There are three subway stops close to the University. All of them are 7 minutes away on foot: "Jardim Zoológico" and "Laranjeiras" metro stops on the blue line; and "Cidade Universitária" stop on the yellow line.

For more information visit Metro website.

Taxi

If you prefer catching a taxi from the airport or to go to the University, this option is always available.







Useful Information

How to get to CATÓLICA-LISBON

> CATÓLICA-LISBON building

The Campus is located at the intersection of Av. dos Combatentes and Palma de Cima (the flyover crossing the North-South Axis road) and has five buildings. CATÓLICA-LISBON is building number V (5).

> Openings hours

24 hours a day/7 days a week, with the following exceptions:

Christmas time (24-26 December);

Religious holidays;

2 January;

Easter period;

Second fortnight of August (15-31 August).

> Entrances

Anyone (students, staff, visitors, etc.) can freely access CATÓLICA-LISBON building during normal class period from the:

Ground floor;

1st floor.

From 8:00 pm onwards only individuals duly identified with a UCP card can enter CATÓLICA-LISBON building.



Contacts

International Relations Office

Our Team

Inter-Institutional Agreements & Partnerships

E-mail: internationalaffairs.clsbe@ucp.pt

Incoming Students & Summer Academy

Outgoing Students

E-mail: incoming.clsbe@ucp.pt
E-mail: summer.academy.clsbe@ucp.pt

E-mail: outgoing.clsbe@ucp.pt

Double Degree Students

E-mail: doubledegree.clsbe@ucp.pt







Location and Working Hours

International Relations Office is located on:

2nd floor - Room 5206

Monday to Friday 09:00am - 6:00pm

(lunch break: 01:00 pm to 02:00 pm)